



Head

AQ Hair Complex Microneedling Protocol

Scalp – Hair Regeneration Therapy Description:

Professional scalp therapy with **AQ Advanced Hair Complex+**, based on Growth Factor Induced Therapy (GIFT®). Designed to rejuvenate damaged follicles, improve hair quality and texture, and restore healthy growth cycles by stimulating circulation and nourishing the scalp

Action:

Stimulates dormant follicles with targeted growth factors

Improves circulation and scalp nutrition Strengthens follicle anchoring \rightarrow reduces shedding

Restores hair density and thickness Improves scalp hydration and condition

Indications:

Androgenetic alopecia, telogen effluvium, thinning hair, weak hair density, scalp aging.

Contraindications:

Open wounds, scalp infections, psoriasis, eczema, dermatitis, healing problems, keloids, blood coagulation disorders, allergies to any ingredients, pregnancy, lactation, herpes, isotretinoin use in last 6 months, malignancies, chemotherapy or radiotherapy, autoimmune diseases, uncontrolled diabetes, fever.

Key ingredients:

AQ Patent Growth Factors

Recommended applications: Five Sessions

Duration of session: 45-50 minutes **Repeatability:** Every 17-10 days **Maintenance:** Every 6-12 Months



Step 1: Preparation



- Patient arrives with clean scalp and hair.
- No styling products applied prior to treatment.
- Section scalp into 3 regions (frontal, mid, occipital).
- Wear examination gloves.
- *Duration:* 2 minutes

Step 2: Application of AQ Hair Complex

- Fill sterile syringe with **0.3ml AQ Advanced Hair Complex+**.
- Begin in **Section 1**:
 - Part hair into small rows or expose the scalp area.
 - Apply the solution directly to the scalp line.
 - Spread gently with thumbs.
- Duration: ~10 minutes per section

Step 3: Microneedling (Stamping)

• Use AQ Derma Stamp (0.8 mm).

Stamp along the part line twice:

- Outward from center part
- Inward toward center part
- Slight overlap between stamps.
- Firm but light pressure; adjust if patient discomfort occurs.
- *Duration:* 15–20 minutes

Step 4: Repeat on All Sections

- Continue process across Section 1, then Section 2, then Section 3.
- Application of serum only in affected zones, overlapping slightly into the hairline.
- Apply any **leftover serum** to the scalp at the end.
- *Duration:* ~20 minutes

Step 5: Finishing

- Optional: Light scalp massage (3 minutes) for even absorption.
- Dispose of used AQ Derma Stamp in a biohazard/sharp container (single use only).
- *Duration:* 5 minutes





Post-Treatment Care

- Do **not wash or apply styling products** for 24 hours.
- Avoid hair coloring, bleaching, or permanent waving **throughout the full course** of treatments.
- Use only gentle, sulfate-free shampoo during the treatment course.
- Maintenance course every 6–12 months.