Face

Brightening Therapy

Treatment against dyschromia to restore the uniformity of color tone with Ameson Mesotech Brightening, which contains active and booster peptides to enhance the activity of the key ingredients.

Ameson Mesotech Brightening contains AA2G, alpha-Arbutin, biomimetic peptides, and booster peptides to enhance glowing properties related to the reduction of epidermal melanin biosynthesis by inhibiting enzymatic oxidation of Tyrosine and DOPA.

Action:
Radiance, brightness, uniformity of color tone.

Indications:
Uneven skin color tone, hyperpigmentation, age spots, photoaging, dull skin.

Contraindications:
Skin with open wounds, moles, keloids, sunburn, overly sensitive skin, healing problems, blood coagulation disorders and problems, dermatitis, in cases of acne and inflammatory rosacea, allergies to any ingredients of the products, pregnancy, lactation, herpes, vitiligo, psoriasis, taking isotretinoin for the last six months, malig-nancies, chemotherapy or radiotherapy, history of autoimmune diseases, diabetes mellitus and fever.

Key ingredients:
AA2G, a-Arboutin, Oligopeptide-34, Oligopeptide-51, Oligopeptide-58
AQ growth Factors

Recommended applications: At least 3-6, depending on the skin condition.
Duration of session: 45-50 minutes.
Repeatability: Every 15 days.
Maintenance: Every 45 days

Step 1: Cleansing

Clean the face and neck with Elements Sensitive Cleansing Gel, or the appropriate cleansing product depending on the skin type. ***(Duration: 1 minute)***

Step 2: Chemical Peeling

To increase the final result, Juliette Armand suggests the use of the chemical peeling Bright Skin from the Ameson Mesopeel series.

2a. Pro-Peel Lotion (2ml)

Soak the cotton pad with Pro-Peel Lotion and apply on the face and neck. Pro-Peel Lotion will reduce the pH of the skin and prepare it for the chemical peeling that will follow. Protect sensitive areas (around the eyes, mouth outline, base of nasal wing, moles, etc.) by applying an oily textured cream. Cover the eyes with a cotton pad soaked in water. ***(Duration: 1 minute)***

2b. Bright Skin (2ml)

Apply 2ml of Bright Skin to the face and neck and leave on for up to 7 minutes. Check for erythema throughout the procedure before the recommended time ends and, if necessary, neutralize with Post-Peel Lotion. Start application on the outer part of the face and continue toward the center and neck.
(Duration: up to 7 minutes)

2c. Post-Peel Lotion (4ml)

Neutralize by soaking the Post-Peel Lotion in a cotton pad and applying with the stamping method on the face and neck twice until the feeling of "burning" / "numbness" stops. ***(Duration: 2 minutes)***

(Total duration: up to 10 minutes)

Attention: In case of intense irritation, apply cold water compresses and do not proceed to mesotherapy (Step 3), but complete the protocol from Step 4 onwards. If there is a contraindication to using chemical peeling, select the appropriate exfoliating product from the Elements line.

Step 3: Mesotherapy

Brightening (2.5 ml)

Using a sterile syringe, draw up 2.5ml of Ameson Mesotech Brightening from the vial. Sterilize the face and neck with a special skin antiseptic and sterile gauze. Prepare the Micropen with the appropriate disposable needle tip, and adjust the penetration length based on the skin type and area. Divide the face and neck into small areas starting from the forehead. Spread the material over the small area, stretch the skin with your free hand, and apply the Micropen vertically, then horizontally, using the stamping method, lifting each time rather than dragging on the skin. In the same way, continue on the remaining areas, gradually covering the entire face and neck, and avoid the thyroid area. We can repeat the whole procedure one more time, depending on the damage of the skin. Apply topically for a single lesion (freckle, age spot, etc.), while on the rest of the face, apply a different Ameson Mesotech treatment based on skin needs.

Step 4: AQ GFIT

Optional: Add one layer (1 ml) of AQ recovery serum over the whole face and do microneedling. Massage the face with it and then

Using the GFIT will accelerate healing, boost the results, and reduce the number of required treatments

Tip: Only RNANO needles can be dragged on the skin vertically, horizontally, and with the spiral method.

(Total duration: up to 10-20 minutes)

Attention: Sterile gloves and face masks are recommended during the procedure to maintain hygienic conditions

Step 5: Calming / Hydration

5a. AQ Mask (1 item)

Apply the specialized AQ Mask, which provides immediate hydration, a cooling sensation, and relief for irritated skin, and adapts fully to the shape of the face. Its high biocompatibility instantly and evenly reduces inflammation and erythema. First, remove the mask from the sachet and unfold it. Remove the protective film on one side and apply the mask to the face, eyes, and nose, aligning it with the existing notches. Then, remove the second protective film. Apply the remaining amount of serum from the sachet to the neck and over the mask. Leave it for 10 to 15 minutes and remove. Apply any remaining amount of serum on the face with light movements until absorbed. ***(Duration: 15-20 minutes)***

5b. Calming Bliss (2ml)

Then, apply 2ml of Calming Bliss, a product for immediate relief and hydration of irritated skin. ***(Duration: 1 minute)***

(Total duration: up to 16-21 minutes)

Step 6: Sun protection

Apply Face Mineral Fluid SPF 50 or Face Mineral Fluid Tinted SPF 50 on the face and neck. ***(Duration: 1 minute.***

	Step	Product	Quantity	Duration
1	**Cleansing System**	Sensitive Cleansing Gel	1ml	1 minute
2	**Chemical Peeling**	Pro-Peel Lotion	2ml	1 minute
		Bright Skin	2ml	up to 7 minutes
		Post-Peel Lotion	4ml	2 minutes
3	**Mesotherapy**	Brightening	2.5ml	up to 10-20 minutes
	GFIT	AQ Recovery serum	1ml	Included in the mesotherapy duation
4	**Calming / Hydration**	AQ Mask	1 item	10-15 minutes
		Calming Bliss	2ml	1 minute
5	**Sun Protection**	Face Mineral Fluid (Tinted) SPF 50	1ml	1 minute

Home Care

SWEDGM • HOME CARE

Your Brightening Routine

Choose a simple routine for brighter, more even-looking skin.

1 Cleanse



Vita Yellow Fresh Cleanser

Lather with water, massage gently and rinse thoroughly. Use daily once skin has recovered and tolerates cleansing.

2 Your core brightening pair



Brightening Serum

For the appearance of dark spots and uneven tone.

Apply a small amount to clean skin. Massage gently until absorbed, then follow with cream.



Brightening Cream

Moisture and support for a more even-looking tone.

Apply a small amount after serum, 1–2 times daily.

3 Choose an alternative serum

Use instead of Brightening Serum when selected by your practitioner.



Vitamin C Serum

Hydration and antioxidant support for a healthy-looking glow.

Apply a small amount to clean skin and massage until absorbed.



Glow C 12%

A pure vitamin C option for dullness and uneven tone.

Before first use, release the powder and shake until dissolved. Apply a small amount to clean skin.

Start with one serum. Follow your practitioner's advice on frequency.

Optional exfoliation



Cacao Exfoliating Cream

Only after full recovery and practitioner approval. Lightly massage a small amount, then rinse with water. Your practitioner sets the frequency.

Your daily order

MORNING	Cleanser → Chosen serum → Cream → SPF 50
EVENING	Cleanser → Chosen serum → Cream

Brightening Cream does not replace a separate daily SPF 50.

AFTER PROFESSIONAL TREATMENT

Start brightening products only after your skin has recovered and your practitioner confirms it is ready. Avoid exfoliation while skin is irritated or peeling.

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